

How to Design a Green Home -

- 1. The current problem
- 2. The Future Homes Standard
- 3. Passive House
- 4. The Fabric First Approach

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- 5. The Design Process
- 6. Summary



The Current Problem -

- We have a massive shortage of housing in the UK and the current housing stock is substandard in design and energy performance
- The major house builders who control the delivery of new homes are focused on volume rather than quality (EPC less than C)
- Heating and powering homes accounts for over 20% of all greenhouse gas emissions in the UK
- The construction industry accounts for over 10% of all greenhouse gas emissions in the UK



"Put simply a green or low energy home that from design, technologies and construction method uses less energy, from any source, than a traditional or average new house."

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What do we mean by a Green Home















The Future Homes Standard -

- 1. We need 250,000 new homes per year
- 2. Custom & Self build's lead the way in design and energy performance

Future Homes Standard 2025 –
A major review of the Building Regs
Drive towards Net Zero Carbon dwellings
Remove fossil fuel boilers

Improvement in U values

4. RIBA Climate Challenge 2030 –

50% Reduction in Operational Energy & Carbon Emissions 40% Reduction in Embodied Energy & Carbon Emissions 40% Reduction in potable water usage

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Low Carbon Heating, no fossil fuel boilers

The Future Homes Standard -

- Its better for the environment, by reduced carbon emissions during construction
- Its better for the environment, during operation due to the reduced energy demand
- 3. Typically 40-80% betterment in building standards than current housing stock
- 4. Reduced running costs over the life of the house
- 5. Potential for zero or positive energy bills
- 6. A more comfortable, healthy built environment



"A Passive house is a building in which a comfortable interior climate can be maintained without active heating and cooling systems. The house heats and cools itself, hence the term passive". – Wolfgang Feist.



The background to Passive House Design -

- 1. The Passive House standard was developed in Germany in the early 1990s by Professors Bo Adamson of Sweden and Wolfgang Feist of Germany and the first dwellings to be completed to the Passivhaus Standard were constructed in Darmstadt in 1991.
- 2. Passive House is the fastest growing energy performance standard in the world with 65,000 buildings realised to date.
- 3. The Passive House standards strengths lie in the simplicity of its approach; build a house that has an excellent thermal performance and high airtightness with mechanical ventilation.





The Benefits and issues to Passive House Design -

Benefits -

- 1. High levels of insulation
- 2. Passive Solar gains
- 3. Excellent airtightness
- 4. Good air quality by MVHR system
- 5. 75-85% reduction in running costs
- 6. Utilise PHPP design software
- Constant internal comfort not just a low energy standard. Ambient temperature should be 20⁰.



The Benefits and issues to Passive House Design -

Issues -

- 1. Increased Design fees from specialists & certification route (approx £5,000)
- Cost increase in construction costs (between 8-15% increase)
- 3. It is still very much a niche area There are more Certified Passive House Designers in the UK, than there are completed houses!

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Fabric First Design Principles -

- 1. Highly insulated building envelope with limited cold bridges
- 2. High specification windows & doors
- 3. Air tight membranes and tapes used to seal all external walls and penetrations
- 4. MVHR system providing fresh heated air throughout the home, potentially with a heating element
- 5. Maximise the natural solar gain through building orientation
- 6. Utilise a small renewable led heating system



THE KEY ELEMENTS

1. Solar Gain

2. Construction Type

3. Air Tightness

4. Limit Cold Bridging

5. Ventilation Strategy

6. Heating Systems









4. Limit Cold Bridging -

1. Architect to detail all parts of the building's connections & linear cold bridging

- 2. If using timber frame try and increase centres from 600mm to 1,200mm cc
 - 3. Poor detailing can cost up to 28% in SAP calculation





6. Heating Strategy -

2.

Limit heating demand by sticking to Fabric first approach 1. Consider the most cost effective solution first, this may be mains gas & a small boiler 3.

Utilise SAP calculation software to work out best solution

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Appoint the best team -

- 1. Interview at least 3 of each profession required, ask for references and look into their previous work.
- 2. Provide your **detailed brief & Pinterest board** to anyone you require a quote from.
- Obtain written quotes & ensure they are fixed fees – don't go for % of construction cost quotes!
- 4. Speak to professionals who regularly handle your type of project Self Build, low energy or PH specialists can give you the best advice!



Site Appraisal -

- Complete Site review, including topo, soil investigation & percolation test
- 2. Check major connection costs
- 3. Review the current planning approval (if any) & any implications regarding conditions
- 4. Assess external landscape features
- 5. Assess internal landscape features
- 6. Site and building orientation
- 7. Weather data and sun path analysis



Initial design & planning stage -

- Initial design ideas should be a response to the site and your brief (function before form)
- 2. Orientate habitable rooms due South to maximise solar gain, with utility/plant/service zones to the North
- 3. If going for Passive then large windows to South none on the North, also compact simple form
- 4. Larger more complex forms will cost more and have more junctions which will impact thermal bridging factor
- 5. Design with a construction method in mind
- 6. Limit overheating at design stage, ideally outwith building envelope

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7. Once design is frozen complete initial PHPP and SAP calculations



On site -

- 1. Before you start make sure you discharge any planning or regs conditions. Also put in place any warranty or insurance policies
- 2. What procedures do you have agreed for managing quality on site
- 3. Every trade that comes on site needs to know about airtightness
 - If you are using inexperienced trades then consider Pasive House Toolbox talks, at key stages –

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- 1. Kit sign off
- 2. Window fitting
- 3. Airtightness layer (VCL)
- 4. Pre airtest
- 5. Tape everything
- 6. Any onsite changes to be run passed the design team

IN SUMMARY

- 1. The biggest impact on your low-energy home is during the initial design stages
- 2. Review & research all options, principles and construction methods for low energy homes
 - 3. Decide how energy efficient you want your home to be; Zero / Passive or Fabric First
 - 4. Detail out all of the poor traditional construction details, ie limit areas of cold bridging
 - 5. Strive for Passive House standard Airtightness results
- 6. Remember none of this matters if your designers/builders don't follow these principles!



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